



## **Royal Canadian Legion Branch 445**

**345 Lansdowne St.  
Callander ON P0H1H0  
Office: 705-752-3773  
Lounge: 705-752-1322  
[www.callanderlegion.ca](http://www.callanderlegion.ca)**



**July 2014**

## Branch 445 Executive - 2013/2014

<b>BRANCH EXECUTIVE</b>		
President	Glenn Bennett	705-752-5923
Past President	Larrie Coulson	705-840-2325
First Vice	Caven Ford	705-752-2951
Second Vice	Ron Van Tassell	705-497-1102
Third Vice	Richard Rhindress	705-752-3935
Treasurer	Kathy Landon	705-752-5365
Secretary	Helen Turgeon	705-752-2624
<b>ELECTED &amp; APPOINTED EXECUTIVE COMMITTEE</b>		
Membership	Emma Bennett	705-752-5923
Sgt. at Arms	Steve Larocque	705-776-1625
Poppy Chair	Nancy Clark	705-752-5689
Public Relations Officer	Leslie Cerisano	705-752-0739
Bar	Jim Landon	705-752-5365
House and Property	John Pearce	705-752-2297
Banquets	Helen Lariviere	705-472-4688
L.A. Liaison Officer	Don Bickerton	705-752-2204
Bylaws, Honors and Awards	Don MacDonald	705-497-3103
Seniors	Jack Else	705-752-2351
Pipe Major	Lloyd Stamp	705-752-3663
Nevada / Lottery	Janice Daniher	705-752-4673
Sick and Visiting	Tony Gagliardi	705-752-2867
Chaplain	Len Burnham	705-492-6420
Sports	Larrie Coulson	705-840-2325
Service Officer	Ron Van Tassell	705-497-1102
Audit/Finance Committee	Karen Duquette	705-497-3135
Bulletin	Caven Ford	705-752-2951
Youth and Education	vacant	705-497-1102
1st. Callander Scouting Rep	Caven Ford	705-752-2951
<b>LADIES AUXILIARY EXECUTIVE</b>		
President	Helene Lariviere	705-472-4688
Past President	Irene Lewis	705-491-2216
First Vice	Marion Smith	705-752-1205
Second Vice	Brenda Lalonde	705-476-4445
Recording Secretary	Helen Turgeon	705-752-2624
Treasurer	Leslie Cerisano	705-752-0739
Sgt. at Arms	Cecile Farmer	705-752-5993
Sports Officer	Laura Ranger	705-476-6974

## **PRESIDENT'S REPORT**

Comrades,

The summer season is here! The weather is good and we are visiting with family and friends. Please don't drink and drive and enjoy your time together.

If you would like a place to visit, remember your branch is always a nice place to visit. If you want to go out to dinner on Friday night, remember the dine-ins and if you would like to book a family function like a Birthday Party, Anniversary Dinner or a Retirement Party, we would love to help.

We are continuing the Friday night fun darts, so if you want to drop by and play we will be there every Friday night at 7pm. If you would like to play horseshoes for fun come and see us on Wednesday nights at 7:00 pm. The music will continue every Friday night if you want to have a dance with your partner. Come join us!

If you would like to volunteer for something call your branch and ask for Helen and if she isn't there leave a number and name and she will get back to you.

If you would like to watch some fastball, the fields are being used most every Monday thru Thursday night for adults and youth Fastball.

If you would like to see something different at your branch give us a call and we will see what we can do to make your ideas a reality.

Yours in Comradeship,  
Glenn Bennett, Branch President

## **SERVICE OFFICER**

If any Veterans and/or dependents are in need of assistance please contact:

Ron Van Tassell  
705-497-1102.

Remember Veterans, you do not have to be a Legion member in order to receive assistance.

Yours in Comradeship,  
Ron Van Tassell

## **POPPY COMMITTEE**

Arrangements have been made to attend the Poppy meeting in Haileybury for September 6th and 7th to learn about the poppy fund. We are both new in this position and are open to any and all suggestions. Please feel free to approach either one of us.

Yours in Comradeship,  
Nancy Clark and Brian Villeneuve, Poppy Co-Chairs

## **BRANCH 445 WEBSITE**

Comrades, additions and improvements are continuously being made to the Branch website at [www.callanderlegion.ca](http://www.callanderlegion.ca). If you have any suggestions for improvements or items to add or things you would like to see on the site, please use the link to "email the webmaster" on the main page of the site and let me know. Also, if you are interested in receiving your Bulletin by email, please click the link on the site to let us know. Check out the recent additions of Honours and Awards photos under the Photo Gallery link.

Yours in Comradeship,  
Caven Ford, Webmaster

## **PHONE COMMITTEE**

Comrades, the phone committee is currently making contact to as many branch members as we have phone numbers for. Please take a few moments to answer their questions as we strive to make the branch even better. If you do not receive a phone call within the next while, perhaps your records at the branch are inaccurate. Please take a moment to contact us or mail in the change form attached to this bulletin so we may update our records.

Yours in Comradeship  
Leslie Cerisano, Public Relations Officer

## **HOUSE AND PROPERTY**

If there are any handy men and ladies interested in helping out at your Legion, please call John Pearce at 705-752-2297 to assist in keeping the branch in good shape. We wish to thank every volunteer that came out to paint the main hall recently, it really turned out well. Thank you all for your help!

Yours in Comradeship,  
John Pearce. House and Property

## **NEVADA SALES**

Your Branch is looking for Comrades to volunteer to sell Nevada Tickets at various functions in the near future. If you are interested in helping out, please contact me at 705-752-4673 or call the branch at 705-752-3773.

Yours in Comradeship  
Janice Daniher, Nevada / Lottery Chair

### **Branch Bar Hours**

Monday thru Thursday: 11 am - 9 pm

Friday: 11 am - 11 pm

Saturday: noon - 9 pm

Sunday: Noon - 6 pm

Phone: 705-752-1322

Don't forget that our deck is also licensed!

## **SICK AND VISITING**

Our condolences to one of our members, Craig Shearer whose wife passed away.

There are a few at home recuperating. Scott Symons, Brent Coleman and Larrie Coulson who is going to Toronto to see his specialist about his eyes.

If there is anyone you know that is sick, please call me to let me know at 705-752-2867.

Yours in Comradeship,  
Tony Gagliardi, Sick and Visiting Chair

## **SCAM ALERT**

There have been reports of an email being sent to Veterans and Members receiving Veterans Affairs Cheques that requests the member to complete an online form to switch their VAC payments to direct deposit. This is a scam. VAC states this request would only come in writing and never by email.

VAC does NOT have any facility or means to switch to direct deposit online. This must be done by hand using forms you can get from VAC.

If you receive such an email, please contact VAC or your Branch Service Officer immediately.

Do NOT attempt to switch to Direct Deposit of your VAC payments online.

✂ .....

If you have not received anything in the mail or had a telephone call from the branch then we may not have your correct address and/or phone number. Please complete the following and mail to the Branch or, better still, stop in and drop it off at the bar.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

# July 2014

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**Sun      Mon      Tue      Wed      Thu      Fri      Sat**

29	30	1 Fiddlers 7pm	2 O/50 Darts	3	4 Roast Chicken Back in Tyme Summer Fun Darts	5
6	7	8	9 O/50 Darts	10	11 Pork Schnitzel Bill Vrebosch Summer Fun Darts	12
13	14	15	16 O/50 Darts VON Foot Clinic- Seniors Room	17 Legion Executive Meeting 7:00 pm	18 Roast Beef The Legends Simmer Fun Darts	19 Wedding - Main Hall Memorial Service - Seniors Room
20	21	22	23 O/50 Darts	24	25 <b>BBQ Steak - \$12.00 per dinner</b> Back in Tyme Summer Fun Darts	26 Christmas in July
27	28	29	30 O/50 Darts	31		

# August 2014

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<b>1</b> Roast Chicken Julie McCory Summer Fun Darts	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b> Fiddlers 7pm	<b>6</b> O/50 Darts	<b>7</b>	<b>8</b> Pork Schnitzel Back in Tyme Summer Fun Darts	<b>9</b> Wedding Reception
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> O/50 Darts	<b>14</b>	<b>15</b> Roast Beef The Legends Summer Fun Darts	<b>16</b> Wedding Reception
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b> O/50 Darts VON Foot Clinic- Seniors Room	<b>21</b> Legion Executive Meeting 7:00 pm	<b>22</b> <b>BBQ Steak - \$12.00 per dinner</b> Back in Tyme Summer Fun Darts	<b>23</b> Back in Tyme Fund Raiser
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> O/50 Darts	<b>28</b>	<b>29</b> Fish and Chips Bill Vrebosch Summer Fun Darts	<b>30</b> Ball Tournament
<b>31</b> Ball Tournament						

## **LESLIE'S HEALTHY EATING CORNER**

### **BREAKFAST - Peachy Keen Breakfast** - Serves one

1/2 cup 1% cottage cheese  
1 peach finely diced  
1/2 package artificial sweetener  
1/2 tsp. cinnamon  
1 slice whole wheat bread

- \* Mix cottage cheese, peach, artificial sweetener and cinnamon
- \* Toast whole wheat bread. Spoon cottage cheese mixture onto toast and microwave on high for 30-40 seconds.

### **LUNCH - Amazing Pasta Salad** - Serves six

3 cups cooked pasta  
1/2 cup chopped tomato  
1 1/4 cups chopped red pepper  
1 1/4 cups chopped green pepper  
1/4 cup chopped fresh parsley  
1/4 cup olive oil  
2 garlic cloves minced  
1/2 tsp. dry mustard  
2 tbsp. balsamic vinegar  
2 tbsp. vinegar  
1 tbsp. artificial sweetener  
1 tsp. oregano  
1 tsp. dried basil  
1/4 tsp. black pepper

- \* Combine pasta, tomato, peppers, and parsley in a large bowl. Set aside
- \* Whisk remaining ingredients together in a small bowl until smooth. Add to pasta and toss well.

### **SUPPER - Balsamic Roasted Sweet Potatoes and Squash** - Serves four.

2 cups chopped sweet potato  
1 cup chopped squash  
8 tsp. olive oil  
2 tbsp. balsamic vinegar  
1 tbsp. minced fresh rosemary  
1 tsp. oregano  
1 tsp. black pepper

- \* Preheat oven to 400 F
- \* Toss all ingredients in a large bowl. Spread into a 9x13" baking pan and roast for 40-50 minutes until golden brown

Yours in Comradeship,  
Leslie Cerisano - PRO

The Standing Committee on Veterans Affairs (ACVA) report called: "The New Veterans Charter: Moving Forward," makes 14 recommendations to the federal government to improve the New Veterans Charter. The Royal Canadian Legion is pleased with this Committee's report. "The Standing Committee has examined the New Veterans Charter thoroughly and has brought forward recommendations that are pertinent to all of Canada's Veterans," says Gordon Moore, Dominion President of The Royal Canadian Legion. "It is important that the men and women who are injured in their service to Canada – both Reservists and Regular Force members – be assured of the social contract they have with the Government of Canada," says Moore. "The recommendations contained in this report are a definite step in the right direction and we look forward to the government's response which is scheduled for September 2014. Now is the time for action," adds Moore.

**RECOMMENDATION 1:** That military members seriously disabled as a result of service not be medically released until the following conditions are met: The individual is in a stable medical condition. The individual's medical records have been transferred to Veterans Affairs Canada in accordance with privacy legislation, an official copy of the medical files has been given to the veteran, and the initial application for services and financial benefits provided under Part 2 of the New Veterans Charter has been adjudicated by Veterans Affairs Canada. The individual's file has been assigned to a Veterans Affairs Canada case manager who has already established contact with the individual. The healthcare and rehabilitation professionals who will be supporting the individual during transition have been identified in the area where the veteran is planning to live once medically released and their respective responsibilities have been defined. And that an internal committee be struck by Veterans Affairs Canada and the Canadian Forces to: develop a unified list of service conditions to be used interchangeably by Veterans Affairs Canada and the Department of National Defence. To ensure to the greatest extent possible that the service-related condition, identified by the Canadian Armed Forces and that led to a veteran's release on medical grounds, be recognized by Veterans Affairs Canada for adjudication purposes. And to establish a follow-up protocol for all military members who have been released for medical reasons.

**RECOMMENDATION 2:** That the Veterans Bill of Rights be included in the New Veterans Charter and in the Pension Act, and that a modified version of section 2 of the Pension Act be incorporated into the New Veterans Charter, and read as follows: The provisions of this Act shall be liberally construed and interpreted to the end that the recognized solemn obligation of the people and Government of Canada to provide compensation to those members of the forces who have been disabled or have died as a result of military service, and to their dependants, may be fulfilled.

**RECOMMENDATION 3:** That the most seriously disabled veterans receive financial benefits for life, of which an appropriate portion should be transferable to their spouse in the event of death, that Veterans Affairs Canada consider the use of a probable earnings approach in determining the amount of the benefits, and include better access to the three grades of the permanent impairment allowance, for which eligibility criteria must be clarified.

**RECOMMENDATION 4:** That the earnings loss benefit be non-taxable and set at 85% of net income, up to a net income threshold of \$70,000, that it be adjusted annually to the consumer price index, and that for veterans who participate in a rehabilitation program, the disability award be paid once the program is completed.

**RECOMMENDATION 5:** That all veterans with service-related disabilities, and their families, be entitled to the same benefits and support as part of their rehabilitation program, whether they are former members of the Reserve Force or of the Regular Force.

**RECOMMENDATION 6:** That the Canadian Forces work with Veterans Affairs Canada to make Military Family Resource Centres available to veterans and their families in order to support them in their transition to civilian life.

**RECOMMENDATION 7:** That independent access to Veterans Affairs Canada's psychosocial and vocational rehabilitation services be given to spouses or common-law partners of veterans with a service-related disability, that access to psychological counselling be also given to parents and children of veterans with a service-related permanent disability, and that financial support be provided to family members of seriously-disabled veterans acting as "primary caregivers" as defined under section 16. (3) of the Veterans Health Care Regulations.

**RECOMMENDATION 8:** That Veterans Affairs Canada undertake a comprehensive review of the amount of the disability award to more adequately reflect awards in civil liability cases for personal injuries, implement a transparent and clear process for determining its value, and improve support for financial counselling throughout the process.

**RECOMMENDATION 9:** That the Service Income Security Insurance Plan (SISIP) Long Term Disability program be provided only to veterans medically released for a disability not related to military service, that all veterans released for service-related medical reasons benefit from the programs offered under the New Veterans Charter, and that the Canadian Forces and Veterans Affairs Canada work together as quickly as possible to eliminate overlap between Service Income Security Insurance Plan (SISIP) programs and those provided by Veterans Affairs Canada.

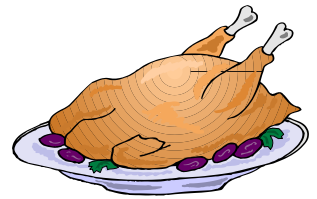
**RECOMMENDATION 10:** That eligible vocational rehabilitation training programs be allowed greater flexibility, and be less strictly related to skills acquired during military service.

**RECOMMENDATION 11:** That Veterans Affairs Canada establish a more rigorous case manager training program, and review the standard under which one case manager is assigned to 40 veterans, to determine if the ratio is appropriate, and to provide necessary resources for its adjustment if required.

**RECOMMENDATION 12:** That Veterans Affairs Canada and the Department of National Defence build on their existing collaborative efforts by providing adequate resources for research and understanding of known and emerging manifestations of operational stress injuries.

**RECOMMENDATION 13:** That Veterans Affairs Canada consider moving towards a payment system that results in one comprehensive monthly payment that clearly identifies the source of funding, while ensuring the net benefit to the veteran is not reduced.

**RECOMMENDATION 14:** That Veterans Affairs Canada and the Department of National Defence, after they have tabled their official response to this report within the next 120 days, also table, by 30 January 2015, a report outlining the progress made on implementing the recommendations in this report, and that the New Veterans Charter, as a "living document", be amended to include a mandatory review of its provisions to be undertaken by the appropriate parliamentary committees as required.

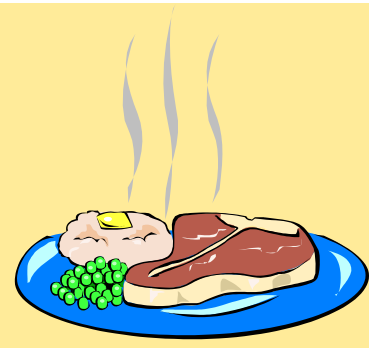


# **Christmas In July Turkey Dinner**

Where: Callander Legion  
When: Saturday July 26, 2014  
2 Dinner Seatings (140  
people per seating):  
4:30 - 5:30pm  
6:00 - 7:00pm  
What: Turkey Dinner and  
“All the Fixings”  
Cost: \$15.00 per person

Entertainment provided





# steak Barbecue is back!

**Royal Canadian Legion Branch 445 Callander  
Steak Barbecue Dinner.**

**Friday July 25 and August 22, 2014 @ 5:30 pm  
Cost is \$12.00 per dinner and includes dessert.**

**Come out and enjoy a steak dinner, barbecued to  
your preference, and entertainment by Back in Tyme**



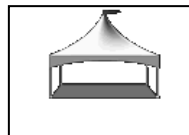
**Wentworth Graham C.G.A.**  
President/Administrator

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